



Greene County BOC

is hosting a

Cardiovascular Health Screening

1. **Stroke** - Ultrasound of Neck Arteries
2. **Abdominal Aortic Aneurysm** - Abdominal Ultrasound
(PAD screening when medically warranted)

WHEN	WHERE
<p>Tuesday, August 20 Wednesday, August 21</p> <p>Appointments starting at 8:30am (allow 10 mins for testing)</p>	<p>Greene County Government Campus Administration Building Conference Room</p>

No out-of-pocket...

For Employees & **SPOUSES** with the **Greene County BCBS** medical plan.
Please bring your insurance card to the screening.

For employees & spouses that **DO NOT HAVE** the **Greene County BCBS** medical plan,

Tests are available at a discounted rate of \$110.

* We can check other plans as well. *

Results are CONFIDENTIAL!

Appointment Required!

Click on link or SCAN Code



<https://www.schedapple.com/appointment/11206>

Or call **1-866-660-3699**



Cardiovascular disease is known as the silent killer!

Frequently, there are no warning signs prior to complications. These complications include **stroke**, **aneurysm rupture**, **heart attack**, **debilitating limb pain** and **death**.

*Over 60 million Americans have cardiovascular disease. It results in more deaths than all forms of cancer combined.

Early detection is the key!

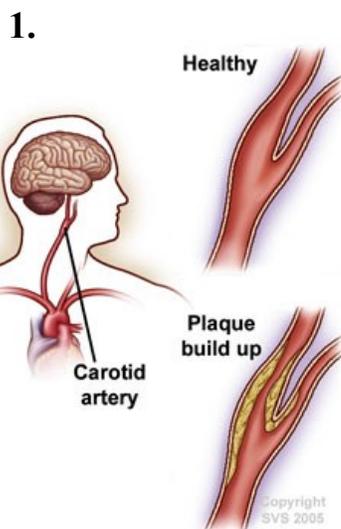
A vascular screening by VHS can detect a vascular blockage or abdominal aortic aneurysm before complications occur. Tests are *safe* and *painless*. All tests are performed by a **registered vascular tech** and interpreted by a **Board Certified Vascular Physician**. Results are mailed directly back to you in 3 weeks.

Do you have ANY of these **Risk Factors**

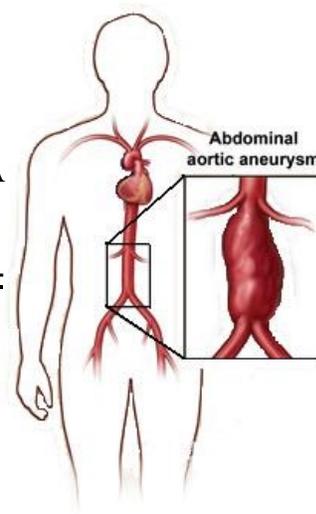
Associated with Cardiovascular Disease?

High blood pressure	Diabetes
High cholesterol	Smoking
Atrial fibrillation	Aging 40+
Family history	Obesity

1. A **Stroke** is caused by an interruption of blood flow to the brain. Blocked or ruptured arteries cause the 2 major types of strokes. Stroke is the **3rd leading cause of death and the leading cause of serious disability in the US**. Every 45 seconds, someone in America has a stroke. A stroke screening involves **an ultrasound of the neck arteries**.

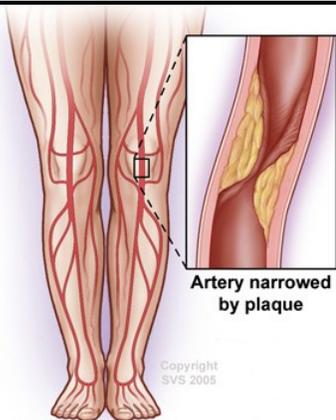


2. An **Abdominal Aortic Aneurysm (AAA)** is an abnormal dilatation of the major artery in the abdomen. In the US AAA is the **13th leading cause of death**. For men it is the **3rd leading cause of sudden death**. An AAA screening involves **an ultrasound of the Abdomen**.



3.

PAD screening when medically warranted **Peripheral Artery Disease (PAD)** is arterial blockages at the upper or lower extremities. If you have PAD, you are at an increased risk for coronary artery disease (CAD). CAD is blockage to the arteries supplying blood to the heart. **CAD is America's #1 killer**. A PAD screening involves a **series of blood pressure measurements of the ankles and arms**.



Please **bring your Insurance card** to the screening!

Don't wait for health complications!
Early detection is the KEY!